# LEADERSHIP 2 COURSE OUTLINE

2024

Instructions Provided By: **AIDT** 





# Regional Workforce Leadership Training

## Leadership 2 Course Outline

## I. Personality Style Inventory

- A. Extroverts/Introverts
- B. Sensors/Intuitives
- C. Thinkers/Feelers
- D. Judgers/Perceivers

### II. Diversity/Inclusion

- A. Introduction
- B. Definitions
- C. Visually Imperceivable Inequities
  - 1. Examples of Micro-Affirmations
  - 2. The Antidote: Micro-Affirmations
- D. Changing Your Personal Approach to Inclusion
- E. Showing Respect
  - 1. Different Ways of Conveying Respect
- F. Lead by Example
  - 1. Be Part of the Solution
  - 2. Respond with Grace while Setting the Record Straight
  - 3. Speak Up if You Hear Off Novice Behavior
- G. The "Fair" Way to Manage Diversity
  - 1. Feedback
  - 2. Assistance
  - 3. Inclusion
  - 4. Respect

## III. Conflict Management

- A. An Introduction to Conflict Management
  - 1. What is Conflict?
  - 2. What Causes Conflict?
  - 3. When Should You Step In?
  - 4. What is Conflict Resolution?



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### III. Conflict Management

- B. Approaches to Conflict Resolution
  - 1. Negotiation
  - 2. Competition
  - 3. Avoidance
  - 4. Compliance
- C. Dealing With Upset Behaviors
  - 1. Behaviors to Avoid

## IV. Motivating and Coaching Employees

- A. What is Motivation?
- B. Extrinsic vs. Intrinsic Motivation
- C. Creating a Motivational Environment
  - 1. Provide Interesting and Stimulating Work
  - 2. Set Challenging but Achievable Goals
  - 3. Provide the Right Rewards
- D. Coaching
  - 1. What is Coaching?
  - 2. Introducing the G.R.O.W Model
  - 3. Identifying the First Step
  - 4. Getting Motivated
  - 5. Reaching the End
  - 6. Transitioning the Employee