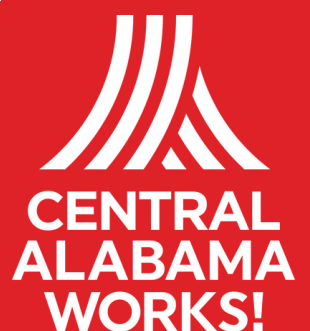


# LEADERSHIP 1 COURSE OUTLINE

**2024**

Instructions Provided By:  
**AIDT**





# Regional Workforce Leadership Training

## *Leadership 1 Course Outline*

### **I. Leading people**

- A. Leadership overview
- B. Evolution of leadership
  - 1. Defining leadership
  - 2. Characteristics of a leader
  - 3. Modern leaders: Economic and Scientific
- C. Roles and responsibilities
  - 1. Brainstorming Exercise
- D. Situational leadership
  - Hersey-Blanchard Situational Leadership Model
  - 1. Telling/Directing
  - 2. Selling/Coaching
  - 3. Participating/Supporting
  - 4. Delegating
- E. An introduction to Kouzes and Posner
  - 1. Model the way
  - 2. Inspire a shared vision
  - 3. Challenge the process
  - 4. Enable others to act
  - 5. Encourage the heart
- F. Developing your leadership abilities
  - 1. The Circle of Influence
  - 2. Thinking outside the box
  - 3. The Pareto Principle and the Leader
  - 4. Encouraging growth in others
  - 5. Creating mutual respect
  - 6. The importance of trust
  - 7. Sharing rewards
  - 8. Celebrating accomplishments
  - 9. Making celebration part of your culture
  - 10. Creating an impact



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### **II. Communication**

- A. What is communication?
- B. How do we communicate?
- C. Understanding communication barriers
- D. Paraverbal communication skills
  - 1. Pitch
  - 2. Tone
  - 3. Speed
- E. Non-verbal communication
  - 1. All about body language
  - 2. Interpreting gestures
- F. Listening and Hearing
  - 1. Active Listening
  - 2. Benefits of Active Listening
  - 3. Types of Active Listening
  - 4. Tips for Conveying Clear Messages
  - 5. Comparison of Poor Listener and Active Listener
- G. Asking good questions
  - 1. Open
  - 2. Closed
  - 3. Probing
- H. Written communication
  - 1. Spelling and Grammer
  - 2. Writing e-mails

### **III. Teamwork**

- A. What is a team?
- B. Types of teams
  - 1. Traditional
  - 2. Self-directed
  - 3. Virtual



# Regional Workforce Leadership Training

## *Leadership 1 Course Outline*

### **III. Teamwork**

- C. Making Meetings Work
- D. How to Make Meetings Work
  1. Before the meeting
  2. During the meeting
  3. After the meeting
- E. Solving problems as a team
  1. The Six Thinking Habits
  2. Encouraging Brainstorming
  3. Collaboration

### **IV. Leading Multiple Generations**

- A. Multi-generational teams
  1. Baby Boomers
  2. Generation X
  3. Millennials
  4. Gen Zs
- B. Potential differences in attitude
  1. Respect
  2. Loyalty
  3. Work Ethic
- C. Potential differences in communicating
  1. Communication Preferences
  2. Feedback
  3. Speaking up to Authority
- D. Motivating each generation
- E. Unite employees of all ages
  1. Share Knowledge
  2. Build Community
- F. Comparison and summary of the generations